Subscribe Past Issues Translate ▼ RSS 5



March 2023

GREATNESS MONTHLY SNIPPETS



"If any human being is to reach full maturity, both the masculine and feminine sides of the personality must be brought up into consciousness."
Mary Esther Harding

As we celebrated International Women's Day, I highlighted the importance of feminine traits in leadership, and shared a few ideas for men and women leaders alike to effectively leverage both their feminine and masculine traits, in a balanced way, for greater success in their roles.

Read more

LEADERSHIP QUOTES









USEFUL RESOURCES



Seven Self-Empowering Practices For Women To Bring Out More Of Their Leadership Greatness

Research has proven that women consistently rank higher in 13 out of 16 leadership competencies than men.

Here's my Forbes article detailing seven practices for women to bring out more of their leadership greatness.



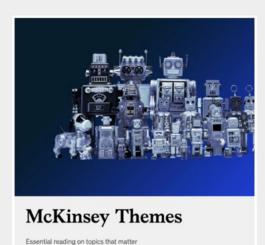
Seven Tips To Enhance Your Self-Esteem

Strengthening our self-esteem is critical to leading a 'good life'. It requires us to actualize our self-awareness, accept our whole-self and accelerate our personal growth.

Here are my seven tips which help.

Read more

Read more



Top Ten McKinsey Articles in Q3, 2023

Enjoy the most popular articles McKinsey published this quarter, ranging from the main takeaways from the WEF's Davos forum to '10 metaverse must-reads' with



Lessons Learnt Along 15,000 Coaching Hours

It was a pleasure to sit down with Coaching.com Founder and CEO Alex Pascal on the podcast 'Coaches on Zoom Drinking Coffee' "The McKinsey guide to managing yourself - and others" as a bonus.

Read more

We had fun discussing my early mistakes as a coach, how coaches can overcome imposter syndrome, ensure their clients shine like 'superstars' in coaching conversations, and much, much more!

I hope you will enjoy our conversation as well as my insights and tips!

Read more

